FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					-		00(.	., 00											
Name and Address of Reporting Person*     Morais Mark A.						2. Issuer Name and Ticker or Trading Symbol Fortrea Holdings Inc. [ FTRE ]									elationship eck all appli Directo	cable)	g Pers	son(s) to Iss 10% Ov	
(Last)	st) (First) (Middle)  100RE DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 02/11/2024								below)	Officer (give title below) Chief Opera		Other (s below) Officer	specify
(Street) DURHAM NC 27709					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Fil Line)  X Form filed by One Reference Form filed by More the Filed											Repo	orting Perso	n
(City) (State) (Zip)					Ru	Rule 10b5-1(c) Transaction Indication													
			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																
		Tab	le I - No	n-Deriv	ative	Sec	curiti	ies Ac	quired,	Dis	posed o	of, or	Ben	eficial	y Owne	t			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execution Date,			Code	Transaction Disposed Of (Code (Instr. 5)					5. Amou Securiti Benefici Owned	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount	( <i>i</i>	A) or D)	Price	Transac	nsaction(s) tr. 3 and 4)			(111311. 7)
Common Stock 02/11/2						2024		M		1,210	0 A \$0 <sup>(1)</sup>		7,839			D			
Common Stock <sup>(2)</sup> 02/11/2					/2024		F		351		D	\$32.7	8 7,4	488(3)		D			
		T	able II -	Deriva (e.g., p	tive S	Secu calls	ritie s, wa	s Acq	uired, [ s, option	Dispo	osed of onverti	, or E ble s	ecur	ficially ities)	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code ( 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owr Forr Dire or Ir (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		expiration Pate	Title	C	Amount or lumber of Shares					
Restricted Stock Unit	(1)	02/11/2024			M			1,210	(4)		(4)	Comr		1,210	\$0	90,022	(5)	D	

## **Explanation of Responses:**

- 1. Each Restricted Stock Unit ("RSU") represents the right to receive, at settlement, one share of Fortrea Holdings Inc. ("Fortrea") Common Stock. This transaction represents the settlement of RSUs in shares of Common Stock on their scheduled vesting date.
- 2. Shares withheld by Fortrea to satisfy tax withholding requirements on vesting of RSUs.
- 3. This number reflects the aggregate amount of Common Stock held by the reporting person.
- 4. In connection with the spin-off of Fortrea by Laboratory Corporation of America Holdings ("Labcorp"), RSUs granted by Labcorp were converted into time-vesting RSUs of Fortrea pursuant to the terms of the Employee Matters Agreement. An annual installment of the RSUs vested on February 11, 2024.
- 5. This number reflects the aggregate number of RSUs held by the reporting person.

/s/ James Stillman Hanson,

02/13/2024 Attorney-in-Fact for Mark A.

Morais

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

KNOWN ALL BY THESE PRESENTS, that the undersigned hereby makes, constitutes and appoints each of James Stillman Hanson, General Counsel of Fortrea Holdings Inc. (the ?Company?), and Erica Smith-Klocek, Deputy General Counsel of the Company, signing singly, with full power of substitution, the undersigned's true and lawful attorney-in-fact to: (i) execute for and on behalf of the undersigned, forms and authentication documents for EDGAR Filing Access; (ii) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such forms and authentication documents; (iii) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or 10% shareholder of the Company, Forms 3, 4 and 5 (including amendments thereto) in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder; (iv) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 (including amendments thereto) and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and (v) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interests of, or legally required by the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 (including amendments thereto) with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed on June 8, 2023.

/s/ Mark A. Morais

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Mark A. Morais